Verse 1

Warm day in the summer far from light rain thunder
My mood confused
Heated conversation with my dad He kept stating that
It's too dangerous going out alone didn't get thrown
Off balance whatsoever ok but remember
I can't keep listing ranting bickering
Won't help you well you don't value
My opinion or position?
If it means I stay stuck seems you're out of luck
Got up, not a word first time he heard (hurd)
Me clearly disagree what he
Did after didn't make things better
Ignored me, for a month really? Unexpected stunt
Train started to derail tell me how the fuck would you feel?

Chorus:

I have no reason to stay mad no reason to stay sad Picture stuck in your head Never saw the growth I suppose Its ok Won't carry the load

Verse 2

It was clear to me a penalty For what I did well couldn't sit dwell On it too long had to move on Relieved peace Struck first feeling hurt At least true colors shown thank you so Much for being real means a great deal Anger came after You'd rather Have me constantly within arm's reach short leash avoid risky moves? I get you! But I do Not agree with the way I'm treated don't say Your route is right might Be But see Forcing me down an avenue drowns me not same as you Rather take risks explore over dying knowing there is more To gain grow and so Lies fell one by one what have I done?!

Chorus:

I have no reason to stay mad no reason to stay sad Picture stuck in your head Never saw the growth I suppose Its ok Won't carry the load

Verse 3

Couple weeks passed stuff repeats in my head Lunch with a friend told her about dent In heart mentally scared She replied write a letter works better Words are yours wrote them of course Source of your pain explain Where you want to go Let it shine though you want them to help you Work together for a life of value Key stroke after key stroke slowly chocked Words don't lie Spent two days thinking of ways to place Present past future At last blur Gone? wrong Reply Don't recognize anything heart and soul cry Tried no use fuse Died no lies Here's why

Chorus:

I have no reason to stay mad no reason to stay sad Picture stuck in your head Never saw the growth I suppose Its ok Won't carry the load

Outro (Speech)

I remember that I wanted so badly to be seen by family in the way that I see myself. But I know now, if you can't it's impossible. You can keep talking but you know, it doesn't work. So know I'll compliment them if they interact with my positively and I'll say it. And if not, I'll just let them be and they live their life and I live mine. I'm happy with that